

Mary is from Ripplemead, Virginia, and completed her undergraduate studies at Virginia Tech (Go Hokies!) with a graduate and internship studies at East Tennessee State University in Johnson City, Tennessee. She enjoys tennis, racquetball, biking, swimming, Sudoku, and spending time with her family. Prior to coming to the VA in 2009, she has worked in several hospitals in Virginia and South Carolina in a wide variety of nutrition positions from community health education to nutrition support in critical care.